

Stowmarket SC at the 2009 East Region Age Group Championships

Four members of Stowmarket Swimming Club travelled to the UEA in Norwich to compete in this year's East Region Age Group Championships held over the last two weekends. They competed against the best swimmers from the six counties in the East Region and all achieved long course personal best times (pb).

11 year Calvin Coe had by far the busiest championships competing in seven events. In the 400m freestyle Calvin achieved a time of 5.43.68 (pb) coming in 32nd. Calvin gained 33rd place in the 200m individual medley in 3.02.01, 13th place in the 200m breaststroke in 3.25.70; 14th in 100 breaststroke in 1.38.00 (pb); 13th in 400m individual medley in 6.12.19 (pb); 11th in 200m butterfly in 2.59.90 (pb) and 10th place in 100m butterfly in 1.21.40 (pb) and was reserve finalist. 13 year old Mollie Drew achieved 32nd in 100m freestyle in 1.07.76 (pb). First timer Ellena Skoulding (11) achieved 19th place in the 200m backstroke 2.59.74 (pb) and 20th in the 100m backstroke in 1.23.42 (pb). 13-year-old Georgia Rickard also competing for the first time in the individual events gained 25th place in 100m backstroke in 1.17.70 (pb) and 48th in 100m freestyle 1.09.08 (pb).

Coach Sylvia Harrison said, " All the swimmers have worked very hard and gained very valuable long course experience".

