

## Stowmarket Swimming Club 2009 Club Championships



STOWMARKET Swimming Club's annual swimming championships started this weekend (9<sup>th</sup>/10<sup>th</sup>/11<sup>th</sup> October) with a number of fine swims especially from the younger members of the club producing a large number of personal best times (pb) and over 100 qualifying times for the 2010 Suffolk County Championships (CQT). There are over 100 trophies on offer for the swimmers of all ages and abilities, ranging from 6 year olds to 60+. After the first weekend's competition the joint early leaders in the top girl trophy are 11 year old Ellena Skoulding, 12 year old Georgia Rickards and 14 year old Ella Delves each having won eight events. Similarly the top boys trophy has joint leaders, 11-year-old Calvin Coe and 15-year-old Jamie Crosthwaite also each winning 8 events.

Coach Sylvia Harrison said, "all the hard work in training has paid off with many great swims and it was especially pleasing to see such a large number of qualifying times for the Counties next year

### **Results from the first weekend's competition:**

#### **WOMENS 400m FREESTYLE**

##### **9 YRS**

1<sup>st</sup> Emily Wallace 9.28.02 (pb), 2<sup>nd</sup> Chloe Levett 9.59.84 (pb)

##### **10/11 YRS**

1<sup>st</sup> Ellena Skoulding 5.36.40 (pb) (CQT), 2<sup>nd</sup> Jessica Long 6.16.30 (pb), 3<sup>rd</sup> Holly Davies 6.29.99 (pb)

##### **12/13 YRS**

1<sup>st</sup> Georgia Rickards 5.08.85 (CQT), Elysia Golding 6.10.80 (pb), 3<sup>rd</sup> Harriet Smith 6.13.60 (pb)

##### **14/15 YRS**

1<sup>st</sup> Ella Delves 5.03.15 (pb) (CQT), 2<sup>nd</sup> Tamsin Fisher 5.27.24 (pb), 3<sup>rd</sup> Rebecca Dormer 5.30.27

##### **16+**

1<sup>st</sup> Iona Richards 5.03.07 (CQT), 2<sup>nd</sup> Ria Delves 5.17.51 (CQT), 3<sup>rd</sup> Olivia Curtin 5.20.45

#### **MENS 400m FREESTYLE**

##### **9YRS**

1<sup>st</sup> Alexander Harrison 7.27.31 (pb), 2<sup>nd</sup> Aidan Coe 7.38.18 (pb)

##### **10/11 YRS**

1<sup>st</sup> Calvin Coe 5.13.51 (pb) (CQT), 2<sup>nd</sup> Thomas Borrett 5.36.98 (pb) (CQT), 3<sup>rd</sup> Robert Borrett 6.44.64 (pb)

12/13 YRS

1<sup>st</sup> Toby Upson 4.56.90 (pb) (CQT), 2<sup>nd</sup> Ryan Clay 4.57.73 (pb) (CQT), 3<sup>rd</sup> Lewis Rickards 5.14.58 (pb) (CQT)

14/15 YRS

1<sup>st</sup> Jamie Crosthwaite 4.44.32 (pb) (CQT), 2<sup>nd</sup> Matt Reynolds 5.01.82, 3<sup>rd</sup> Alasdair Penman 5.56.51 (pb)

16+

1<sup>st</sup> Will Blackaby 4.18.44 (pb) (CQT), 2<sup>nd</sup> David Harrison 4.25.20 (pb) (CQT), 3<sup>rd</sup> Tom Harrison 4.41.8 (pb) (CQT)

### **WOMENS 50M BUTTERFLY**

9 YRS

1<sup>st</sup> Olivia Griffen 1.04.02 (pb), 2<sup>nd</sup> Emily Wallace 1.07.36 (pb)

10/11 YRS

1<sup>st</sup> Ellena Skoulding 40.53 (pb) (CQT), 2<sup>nd</sup> Jessica Long 41.75 (pb), 3<sup>rd</sup> Chloe Long 44.02 (pb) (CQT)

12/13 YRS

1<sup>st</sup> Georgia Rickards 34.24 (CQT), 2<sup>nd</sup> Anya Kemble 36.10 (pb) (CQT), 3<sup>rd</sup> Elysia Golding 40.87

14/15 YRS

1<sup>st</sup> Ella Delves 31.96 (pb) (CQT), 2<sup>nd</sup> Rebecca Dormer 33.98 (pb) (CQT), 3<sup>rd</sup> Mollie Drew 34.75 (CQT)

16+

1<sup>st</sup> Ria Delves 34.12 (CQT), 2<sup>nd</sup> Sophie Long 34.32 (CQT) 3<sup>rd</sup> Iona Richards 35.54

### **MENS 50M BUTTERFLY**

9 YRS

1<sup>st</sup> Aiden Coe 48.36 (pb) (CQT), 2<sup>nd</sup> Oliver Pyle (pb)

10/11 YRS

1<sup>st</sup> Calvin Coe 35.09 (CQT), 2<sup>nd</sup> Thomas Borrett (pb) (CQT), 3<sup>rd</sup> Robert Borrett 42.04 (CQT)

12/13 YRS

1<sup>st</sup> Ryan Clay 32.86 (pb) (CQT), 2<sup>nd</sup> Toby Upson 33.02 (pb) (CQT), 3<sup>rd</sup> Mikey Fisher (pb) (CQT)

14/15 YRS

1<sup>st</sup> Jamie Crosthwaite 32.32 (CQT), 2<sup>nd</sup> Matt Reynolds 34.64 (pb) (CQT), 3<sup>rd</sup> Alasdair Penman 40.17 (pb)

16+

1<sup>st</sup> Will Blackaby 27.18 (pb) (CQT), 2<sup>nd</sup> David Harrison 27.48 (CQT), 3<sup>rd</sup> Joseph Freezer 27.88 (CQT)

### **WOMENS 25M FREESTYLE**

6/u YRS

1<sup>st</sup> Freya Llewellyn 36.98 (pb), 2<sup>nd</sup> Harmony Hill 42.12 (pb), 3<sup>rd</sup> Ishtar Loft 53.51 (pb)

## **MENS 25M FREESTYLE**

6/u YRS

1<sup>st</sup> Joseph Jordan Pearce 38.22 (pb)

## **WOMENS 50M BACKSTROKE**

7/8 YRS

1<sup>st</sup> Nadia Mason 48.92 (pb), 2<sup>nd</sup> Bethany Skoulding 52.87 (pb), 3<sup>rd</sup> Hannah Harrison 54 (pb)

## **MENS 50M BACKSTROKE**

7/8 YRS

1<sup>st</sup> Nicholas Borrett 53.76 (pb), 2<sup>nd</sup> Blake Rickards 56.63 (pb), 3<sup>rd</sup> James Bensley 58.22 (pb)

## **WOMENS 100M FREESTYLE**

10/11 YRS

1<sup>st</sup> Ellena Skoulding 1.14.35 (pb) (CQT), 2<sup>nd</sup> Jessica Long 1.24.36 (pb), 3<sup>rd</sup> Chloe Long 1.24.73 (pb)

12/13 YRS

1<sup>st</sup> Georgia Rickards 1.06.42 (CQT), 2<sup>nd</sup> Anya Kemble 1.09.85 (pb), 3<sup>rd</sup> Elysia Golding 1.20.06

14/15 YRS

1<sup>st</sup> Ella Delves 1.05.56 (CQT), 2<sup>nd</sup> Rebecca Dormer 1.09.69 (CQT), 3<sup>rd</sup> Mollie Drew 1.10.49 (CQT)

16+

1<sup>st</sup> Iona Richards 1.05.86 (CQT), 2<sup>nd</sup> Ria Delves 1.06.79 (CQT), 3<sup>rd</sup> Alison Jeffries 1.10.10 (CQT)

## **MENS 100M FREESTYLE**

10/11

1<sup>st</sup> Calvin Coe 1.11.30 (pb), 2<sup>nd</sup> Thomas Borrett 1.13.67 (pb) (CQT), 3<sup>rd</sup> Robert Borrett 1.24.43 (pb)

12/13 YRS

1<sup>st</sup> Toby Upson 1.05.47 (CQT), 2<sup>nd</sup> Ryan Clay 1.06.09 (pb) (CQT), 3<sup>rd</sup> Ruairidh Penman 1.07.66 (pb) (CQT)

14/15 YRS

1<sup>st</sup> Jamie Crosthwaite 1.00.08 (CQT), 2<sup>nd</sup> Matt Reynolds 1.04.34 (pb) (CQT), 3<sup>rd</sup> Alasdair Penman 1.09.23 (pb)

16+

1<sup>st</sup> David Harrison 54.17 (CQT), 2<sup>nd</sup> Will Blackaby 55.86 (pb) (CQT), 3<sup>rd</sup> Oliver Bumstead 59.14 (CQT)

## **WOMENS 50M BUTTERFLY**

7/8 YRS

1<sup>st</sup> Amy Davies 1.00.03 (pb), 2<sup>nd</sup> Beanie Spain 1.05.92 (pb), 3<sup>rd</sup> Eloise Long 1.19.36 (pb)

## **MENS 50M BACKSTROKE**

7/8 YRS

1<sup>st</sup> Nicholas Borrett 1.01.94 (pb), 2<sup>nd</sup> Blake Rickards 1.26.43 (pb)

### **WOMENS 50M BACKSTROKE**

7/8 YRS

1<sup>st</sup> Nadia Mason 48.92 (pb), 2<sup>nd</sup> Bethany Skoulding 52.87 (pb), 3<sup>rd</sup> Hannah Harrison 54 (pb)

### **MENS 50M BACKSTROKE**

7/8 YRS

1<sup>st</sup> Nicholas Borrett 53.76 (pb), 2<sup>nd</sup> Blake Rickards 56.63 (pb), 3<sup>rd</sup> James Bensley 58.22 (pb)

### **WOMENS 200M BREASTROKE**

9 YRS

1<sup>st</sup> Emily Wallace 4.52.71 (pb), 2<sup>nd</sup> Samantha Knott 6.10.64 (pb)

10/11 YRS

1<sup>st</sup> Ellena Skoulding 3.29.57 (pb) (CQT), 2<sup>nd</sup> Jessica Long 3.38.99 (pb), 3<sup>rd</sup> Florence Lampart 3.39.27 (pb)

12/13 YRS

1<sup>st</sup> Georgia Rickards 3.14.15 (pb) 2<sup>nd</sup> Harriett Smith 3.29.21 (pb) 3<sup>rd</sup> Elysia Golding 3.29.70

14/15 YRS

1<sup>st</sup> Ella Delves 2.51.77 (pb) (CQT), 2<sup>nd</sup> Rebecca Dormer 3.26.72, 3<sup>rd</sup> Mollie Drew 3.30.37

16+

1<sup>st</sup> Sophie Long 3.09.17, 2<sup>nd</sup> Iona Richards 3.13.11 (pb), 3<sup>rd</sup> Olivia Curtin 3.27.81

### **MENS 200M BREASTROKE**

9 YRS

1<sup>st</sup> Aidan Coe 4.35.18 (pb), 2<sup>nd</sup> Oliver Pyle 4.40.19 (pb)

10/11

1<sup>st</sup> Calvin Coe 3.12.83 (pb) (CQT), 2<sup>nd</sup> Thomas Borrett 3.23.88 (CQT), 3<sup>rd</sup> Ollie Hale 3.49.26

12/13 YRS

1<sup>st</sup> Ryan Clay 2.51.81 (pb) (CQT), 2<sup>nd</sup> Toby Upson 3.10.24 (pb) (CQT), 3<sup>rd</sup> Robert Lancaster 3.26.68 (pb)

14/15 YRS

1<sup>st</sup> Jamie Crosthwaite 3.01.63, 2<sup>nd</sup> Matt Reynolds 3.14.21 (pb), 3<sup>rd</sup> Oliver Smith 3.36.71 (pb)

16+

1<sup>st</sup> David Harrison 2.38.74 (CQT), 2<sup>nd</sup> Will Blackaby 2.47.60 (pb) (CQT), 3<sup>rd</sup> Nathan Duszynski 2.56.25 (pb)

### **WOMENS 100M BREASTROKE**

10/11 YRS

1<sup>st</sup> Ellena Skoulding 1.38.29 (pb) (CQT), 2<sup>nd</sup> Holly Davies 1.46.63 (pb), 3<sup>rd</sup> Florence Lampart 1.48.08 (pb)

12/13 YRS

1<sup>st</sup> Georgia Rickards 1.30.67 (pb) (CQT), 2<sup>nd</sup> Elysia Golding 1.36.72 (pb), 3<sup>rd</sup> Anya Kemble 1.38.01 (pb)

14/15 YRS

1<sup>st</sup> Ella Delves 1.22.43 (CQT), 2<sup>nd</sup> Rebecca Dormer 1.36.80, 3<sup>rd</sup> Mollie Drew 1.37.82 (pb)

16+

1<sup>st</sup> Sophie Long 1.27.72 (CQT), 2<sup>nd</sup> Iona Richards 1.31.12 (pb), 3<sup>rd</sup> Ria Delves 1.38.38

### **MENS 100M BREASTROKE**

10/11

1<sup>st</sup> Calvin Coe 1.30.02 (pb), 2<sup>nd</sup> Thomas Borrett 1.34.49 (pb) (CQT), 3<sup>rd</sup> Robert Borrett 1.48.85 (pb)

12/13 YRS

1<sup>st</sup> Ryan Clay 1.21.05 (CQT), 2<sup>nd</sup> Toby Upson 1.30.08 (CQT), 3<sup>rd</sup> Ruairidh Penman 1.30.73 (pb) (CQT)

14/15 YRS

1<sup>st</sup> Jamie Crosthwaite 1.19.69 (pb) (CQT), 2<sup>nd</sup> Matt Reynolds 1.31.34, 3<sup>rd</sup> Oliver Smith 1.40.07 (pb)

16+

1<sup>st</sup> David Harrison 1.09.08 (CQT), 2<sup>nd</sup> Will Blackaby 1.15.79 (pb) (CQT), 3<sup>rd</sup> Joseph Freezer 1.16.06 (pb) (CQT)

### **MENS 25M BREASTSTROKE**

6/u YRS

1<sup>st</sup> Joseph Jordan Pearce 40.32 (pb)

### **WOMENS 50M BACKSTROKE**

9 YRS

1<sup>st</sup> Olivia Griffen 55.27 (pb), 2<sup>nd</sup> Eleanor Llewellyn 56.32 (pb), 3<sup>rd</sup> Emily Wallace 58.99 (pb)

10/11 YRS

1<sup>st</sup> Ellena Skoulding 36.98 (CQT), 2<sup>nd</sup> Florence Lampart 43.54 (pb), 3<sup>rd</sup> Holly Davies 43.54 (pb) (CQT)

12/13 YRS

1<sup>st</sup> Georgia Rickards 34.75 (pb) (CQT), 2<sup>nd</sup> Elysia Golding 39.08 (pb) 3<sup>rd</sup> Anya Kemble 40.46 (pb)

14/15 YRS

1<sup>st</sup> Ella Delves 35.32 (pb) (CQT), 2<sup>nd</sup> Rebecca Dormer 37.54 (pb), 3<sup>rd</sup> Mollie Drew 38.31

16+

1<sup>st</sup> Ria Delves 36.24, 2<sup>nd</sup> Iona Richards 37.96, 3<sup>rd</sup> Sophie Long 38.90 (pb)

## **MENS 50M BACKSTROKE**

9 YR S

1<sup>st</sup> Alexander Harrison 45.63, 2<sup>nd</sup> Aiden Coe 51.25, 3<sup>rd</sup> Oliver Pyle 56.83(pb)

10/11 YRS

1<sup>st</sup> Calvin Coe 37.64 (pb) (CQT), 2<sup>nd</sup> Thomas Borrett 39.89 (pb), 3<sup>rd</sup> Robert Borrett 43.94

12/13 YRS

1<sup>st</sup> Ryan Clay 36.00, 2<sup>nd</sup> Mikey Fisher 37.64, 3<sup>rd</sup> Ruairidh Penman 38.52

14/15 YRS

1<sup>st</sup> Jamie Crosthwaite 35.30, 2<sup>nd</sup> Matt Reynolds 35.58, 3<sup>rd</sup> Alasdair Penman 37.23 (pb)

16+

1<sup>st</sup> Will Blackaby 28.88 (CQT), 2<sup>nd</sup> David Harrison 30.42 (pb) (CQT), 3<sup>rd</sup> Joseph Freezer 31.27 (CQT)

## **WOMENS 100M INDIVIDUAL MEDLEY**

9 YRS

1<sup>st</sup> Emily Wallace 2.11.22 (PB), 2<sup>nd</sup> Samantha Knott 2.22.66 (pb), 3<sup>rd</sup> Sophia Chaplin 2.31.51

10/11 YRS

1<sup>st</sup> Ellena Skoulding 1.26.45 (CQT), 2<sup>nd</sup> Holly Davies 1.36.13, 3<sup>rd</sup> Lauren Best 1.38.62 (pb)

12/13 YRS

1<sup>st</sup> Georgia Rickards 1.16.07, 2<sup>nd</sup> Anya Kemble 1.23.91 (pb), 3<sup>rd</sup> Elysia Golding 1.25.51 (pb)

14/15 YRS

1<sup>st</sup> Ella Delves 1.13.94 (pb), 2<sup>nd</sup> Rebecca Dormer 1.21.37 (pb), 3<sup>rd</sup> Mollie Drew 1.23.10 (pb)

16+

1<sup>st</sup> Iona Richards 1.19.84, 36.24, 2<sup>nd</sup> Sophie Long 1.20.78, 3<sup>rd</sup> Ria Delves 1.20.89

## **MENS 100M INDIVIDUAL MEDLEY**

9 YR S

1<sup>st</sup> Alexander Harrison 1.49.07, 2<sup>nd</sup> Aiden Coe 1.49.45, 3<sup>rd</sup> Oliver Pyle 2.06.01 (pb)

10/11 YRS

1<sup>st</sup> Calvin Coe 1.20.54 (pb) (CQT), 2<sup>nd</sup> Thomas Borrett 1.24.68, 3<sup>rd</sup> Robert Borrett 1.35.69

12/13 YRS

1<sup>st</sup> Ryan Clay 1.15.21, 2<sup>nd</sup> Toby Upson 1.18.33 (pb), 3<sup>rd</sup> Ruairidh Penman 1.21.36

14/15 YRS

1<sup>st</sup> Jamie Crosthwaite 1.13.17 (pb), 2<sup>nd</sup> Matt Reynolds 1.18.86 (pb), 3<sup>rd</sup> Alasdair Penman 1.28.87

16+

1<sup>st</sup> David Harrison 1.02.15, 2<sup>nd</sup> Will Blackaby 1.03.51 (pb), 3<sup>rd</sup> Joseph Freezer 1.07.20 (pb)

### **WOMENS 50M BREASTSTROKE**

7/8 YRS

1<sup>st</sup> Hannah Harrison 57.79 (pb), 2<sup>nd</sup> Nadia Mason 58.17 (pb), Holly Rookyard 59.59 (pb)

### **MENS 50M BREASTSTROKE**

7/8 YRS

1<sup>st</sup> Nicholas Borrett 1.02.56 (pb), 2<sup>nd</sup> Blake Rickards 1.11.43 (pb), 3<sup>rd</sup> Hector Loft 1.38.27 (pb)



**An older type swimmer!**



**Girls Aloud!**