

Stowmarket at the Deben Open Meet (20/21/22 November 2009)

Stowmarket Swimming Club travelled to Woodbridge for the Deben Open where the 35 strong team had a fantastic weekends swimming. The team swam in over 200 individual swims turning 72 in to podium finishes of which 36 were golds. The team also amassed 24 silver and 12 bronze medals as well as 85 personal best times (pb) and 80 qualifying times (CQT) for the Suffolk County Championships to be held next march. Eleven year olds Ellena Skoulding and Calvin Coe led the team by each winning 6 gold medals. Other big winners were 13 year old Georgia Rickards winning 5 gold, 2 silvers and a bronze, 11 year old Tom Borrett also with 5 golds and 2 silver, 9 year old Aiden Coe and Ryan Clay (13) both winning 3 golds and 2 silvers, sisters Jessica (11) and Chloe (10) Long both winning 2 golds with Jessica also picking up 2 silver and 4 bronze, Chloe adding to her total with a bronze, 13 year old Toby Upson pitched in with 2 golds 2 silvers and a bronze, and single gold medals were picked up by Holly Davies (10) and Robert Borrett (10). Holly also added a silver and 2 bronze medals whilst Robert took home 6 silver medals. Other silver medallists were Olivia Curtin (16), Lydia Swallow (14) and Cally Pickering (10). Bronze medals were won by Florence Lampart (11) and Matt Reynolds (14). Coach, Sylvia Harrison, said, "We had a brilliant weekend with loads of medals".



Stowmarket Swimming Club Team



The Calvin Flyer!



Ellena winning



Toby winning the 50 freestyle

Results

GIRLS 800m FREESTYLE

11 years – 1st Ellena Skoulding 11.39.39 (pb) (CQT); 2nd Jessica Long 13.12.32 (pb); 3rd Florence Lampart 14.28.41 (pb)
14 & over – 2nd Olivia Curtin 11.01.42

BOYS 800m FREESTYLE

11 years – 2nd Calvin Coe 11.01.15 (pb) (CQT)
12/13 years – 7th Toby Upson 10.14.20 (pb) (CQT); 10th Lewis Rickards 10.43.20 (pb) (CQT);

GIRLS 100M INDIVIDUAL MEDLEY

10 years – 5th Holy Davies 1.33.67 (pb) (CQT); 6th Chloe Long 1.34.35 (pb) (CQT); 8th Cally Pickering 1.40.32 (CQT); 11th Charlotte Plantr 1.56.22 (pb)
11 years – 1st Ellena Skoulding 1.23.53 (pb) (CQT); 3rd Jessica Long 1.31.27 (pb); 5th Florence Lampart 1.37.95 (pb); 8th Saffron Hill 1.45.85 (pb)

BOYS 400M INDIVIDUAL MEDLEY

11 years – 1st Calvin Coe 5.59.82 (CQT)
12/13 years – 2nd Ryan Clay 5.29.67 (pb) (CQT); 4th Ruairidh Penman 5.54.91 (pb) (CQT); 6th Lewis Rickards 6.13.37 (CQT)

GIRLS 50M BACKSTROKE

10 years – 1st Chloe Long 42.72 (pb) (CQT); 3rd Holy Davies 44.07; 11th Ellie Vaughan Lewis 52.32; 14th Charlotte Plant 57.36
11 years – 1st Jessica Long 42.34 (pb)
12/13 years – 1st Georgia Rickards 35.09 (CQT); 18th Chloe Woollard 47.07
14 & over – 7th Tamsin Fisher 38.42 (pb); 9th Lydia Swallow 39.37

BOYS 50M BACKSTROKE

10 years – 2nd Robert Borrett 42.78; 6th Thomas Jordan Pearce 50.84 (pb)
11 years – 1st Thomas Borrett 40.22; 4th Ollie Hale 44.88 (pb)
12/13 years – 6th Lewis Rickards 39.50; 10th Robert Lancaster 40.88 (pb); 15th Alexander Loft 44.59
14 & over – 3rd Matt Reynolds 35.21

GIRLS 100M BREASTSTROKE

11 years – 1st Ellena Skoulding 1.39.32 (CQT); 4th Florence Lampart 1.44.48 (pb); 5th Jessica Long 1.44.83 (pb); 8th Saffron Hill (pb)

12/13 years – 11th Harriet Smith 1.41.51; 16th Chloe Woollard 1.52.47

BOYS 100M BREASTSTROKE

11 years – 1st Calvin Coe 1.32.72; 2nd Thomas Borrett 1.37.95 (CQT); 5th Ollie Hale 1.50.09 (pb)

12/13 years – 3rd Robert Lancaster 1.23.03 (CQT); 6th Ruairidh Penman 1.30.09 (pb) (CQT); 7th Robert Lancaster 1.30.15 (pb) (CQT)

GIRLS 200 FREESTYLE

10 years – 5th Holly Davies 3.01.41; 7th Chloe Long 3.02.28 (CQT); 9th Cally Pickering 3.26.19; 11th Ellie Vaughan 3.52.75; Charlotte Plant 4.05.31

11 years – 1st Ellena Skoulding 2.38.84 (CQT); 6th Jessica Long 2.59.34

12/13 years – 1st Georgia Rickards 2.23.98 (CQT); 18th Chloe Woollard 3.19.02

14 & over – 7th Tamsin Fisher 2.32.31; 12th Lydia Swallow 2.47.40

BOYS 100M INDIVIDUAL MEDLEY

9 years – 1st Aiden Coe 1.48.28

10 years – 2nd Robert Borrett 1.34.41

11 years – 5th Ollie Hale 1.36.97 (pb)

GIRLS 400M INDIVIDUAL MEDLEY

11 years – Jessica Long 6.49.77 (pb)

BOYS 50M BREASTSTROKE

10 years – 2nd Robert Borrett 49.89 (pb); 8th Thomas Jordan Pearce 1.01.16

11 years – 1st Thomas Borrett 45.31; 6th Ollie Hale 51.40

12/13 years – 6th Ruairidh Penman 40.22 (pb) (CQT); 10th Robert Lancaster 41.68 (pb) (CQT); 14th Mikey Fisher 44.01 (pb)

GIRLS 50M BREASTSTROKE

10 years – 4th Holly Davies 49.51; 18^h Chloe Long 53.09 (pb) (CQT); 10th Charlotte Plant 57.38 (pb); 11th Ellie Vaughan Lewis 59.82 (pb)

11 years – 5th Florence Lampart 49.12; 6th Jessica Long 49.25

12/13 years – 2nd Georgia Rickards 41.73 (pb); 13th Harriett Smith 47.50; 19th Chloe Woollard 53.60

BOYS 100M BACKSTROKE

11 years – 1st Calvin Coe 1.25.03; 4th Ollie Hale 1.41.70

12/13 years – 6th Mikey Fisher 1.20.81 (pb); 7th Liam Kerry 1.22.01 (pb) (CQT); 8th Lewis Rickards 1.22.96 (CQT); 17th Alexander Loft 1.39.50

14 & over – 4th Matt Reynolds 1.14.19 (CQT)

GIRLS 100M BACKSTROKE

11 years – 2nd Jessica Long 1.31.12 (pb); 6th Florence Lampart 1.37.29 (pb)

12/13 1st Georgia Rickards 1.14.89 (CQT); 15th Chloe Woollard 1.40.73

14 & over – 5th Lydia Swallow 1.24.96 (pb)

BOYS 200M FREESTYLE

9 years – 1st Aidan Coe 3.41.21

10 years – 4th Thomas Jordan Pearce 4.02.81

11 years – 2nd Thomas Borrett 2.46.07; 7th Ollie Hale 3.16.32

12/13 years - 6th Ruairidh Penman 2.25.64 (pb) (CQT); 13th Liam Kerry 2.41.91 (pb);
15th Robert Lancaster 2.45.84 (pb); 16th Mikey Fisher 2.46.06; 24th Alexander Loft
3.09.53 (pb)
14 & over – 8th Matt Reynolds 2.24.22

GIRLS 200M INDIVIDUAL MEDLEY

10 years – 2nd Holly Davies 3.18.36
12/13 years – 9th Harriett Smith 3.22.22; 10th Chloe Woollard 3.28.22
14 & over – 5th Rebecca Dormer 2.51.95

BOYS 200M INDIVIDUAL MEDLEY

10 years – 2nd Robert Borrett 3.19.68
11 years – 1st Thomas Borrett 2.59.64 (CQT)
12/13 years – 1st Ryan Clay 2.35.45 (pb) (CQT); 5th Mikey Fisher 2.59.07 (pb); 7th
Robert Lancaster 3.02.48 (pb)

GIRLS 200M BUTTERFLY

12/13 years – 1st Georgia Rickards 2.54.00 (pb) (CQT)

Boys 200m Butterfly

11 years – 1st Calvin Coe 2.48.67 (pb)
12/13 years – 1st Ryan Clay 2.41.71 (pb) (CQT); 5th Lewis Rickards 3.01.42 (CQT)

BOYS 400m FREESTYLE

11 years – 1st Calvin Coe 5.28.54 (CQT)
12/13 years – 2nd Toby Upson 4.54.29 (pb) (CQT); 8th Ruairidh penman 5.17.92 (CQT);
10th Liam Kerry 5.45.26

GIRLS 50M BUTTERFLY

10 years – 1st Chloe Long 42.45 (pb) (CQT); 2nd Cally Pickering 43.20 (pb) (CQT); 5th
Holly Davies 45.46
11 years – 3rd Jessica Long 42.51; 5th Hefina Everard 44.84 (pb); 8th Florence Lampart
50.58
12/13 years – 12th Elysia Golding 41.61; 15th Harriett Smith 43.23
14 & over – 4th Tamsin Fisher 34.14 (pb) (CQT); 7th Rebecca Dormer 34.57 (CQT); 9th
Mollie Drew 34.91 (CQT); 10th Georgia Leader White 34.91 (CQT)

BOYS 50M BUTTERFLY

9 years – 1st Aidan Coe 47.81 (pb) (CQT)
10 years – 3rd Robert Borrett 41.14 (pb) (CQT)
11 years – 1st Thomas Borrett 38.33 (CQT)
12/13 years – 2nd Toby Upson 33.18 (CQT); 4th Mikey Fisher 34.73 (CQT); 7th Ruairidh
Penman 36.34 (pb) (CQT); 9th Lewis Rickards 37.23 (CQT); 16th Robert
Lancaster 40.51 (pb); 18th Alexander Loft 48.00

GIRLS 200M BACKSTROKE

10 years – 3rd Chloe Long 3.15.48 (CQT); 5th Cally Pickering 3.26.57 (pb)
11 years – 1st Ellena Skoulding 2.48.67 (CQT); 4th Jessica Long 3.15.07
12/13 years – 8th Elysia Golding 3.03.84; 10th Chloe Woollard 3.17.17 (pb)
14 & over – 7th Mollie Drew 2.49.02

BOYS 200M BACKSTROKE

9 years – 3rd Aidan Coe 4.11.80
10 years – 1st Robert Borrett 3.18.27 (CQT)

12/13 – 6th Lewis Rickards 2.54.78 (CQT); 9th Liam Kerry 2.57.84; 11th Mikey Fisher 3.07.64; 12th Alexander Loft 33.19.85

GIRLS 100M FREESTYLE

11 years – 1st Ellena Skoulding 1.12.70 (pb) (CQT); 7th Jessica Long 1.24.98; 8th Hefina Everard 1.25.01 (pb); 10th Florence Lampart 1.29.50 (pb)

12/13 years – 2nd Georgia Rickards 1.06.70 (CQT); 24th Chloe Woollard 1.25.00

14 & over – 9th Rebecca Dormer 1.08.91 (CQT); 11th Mollie Drew 1.09.80 (CQT); 12th Tamsin Fisher 1.10.56 (CQT); 16th Georgia Leader White 1.14.64

BOYS 100M FREESTYLE

11 years – 1st Thomas Borrett 1.12.23 (pb) (CQT); 4th Calvin Coe 1.13.54

12/13 years – 3rd Toby Upson 1.02.64 (pb) (CQT); 6th Ruairidh Penman 1.06.16 (pb) (CQT); 9th Mikey Fisher 1.09.45 (pb) (CQT); 13th Liam Kerry 1.15.19 (CQT); 14th Robert Lancaster 1.15.51 (pb) (CQT); 20th Alexander Loft 1.25.92

14 & Over – 10th Matt Reynolds 1.05.23 (CQT)

BOYS 100M BUTTERFLY

11 years – 1st Calvin Coe 1.16.08 (pb)

12/13 years – 1st Toby Upson 1.12.13 (pb) (CQT); 2nd Ryan Clay 1.12.25 (pb) (CQT); 6th Mikey Fisher 1.21.57 (pb) (CQT); 7th Lewis Rickards 1.21.80 (pb) (CQT)

GIRLS 10 BUTTERFLY

11 years – 1st Jessica Long 1.40.11 (pb); 2nd Hefina Everard 1.52.27 (pb)

12/13 years – 1st Georgia Rickards 1.16.51 (CQT)

12th Elysia Golding 41.61; 15th Harriett Smith 43.23

14 & over – 4th Tamsin Fisher 34.14 (pb) (CQT); 7th Rebecca Dormer 34.57 (CQT); 9th Mollie Drew 34.91 (CQT); 10th Georgia Leader White 34.91 (CQT)

BOYS 200M BREASTSTROKE

12/13 years – 1st Ryan Clay 2.55.80 (CQT); 6th Robert Lancaster 3.13.86 (pb) (CQT); 9th Ruairidh Penman 3.26.32

GIRLS 200M BREASTSTROKE

10 years – 3rd Holly Davies 3.39.67 (pb); 5th Chloe Long 4.01.26 (pb) (CQT); 7th Cally Pickering 4.163.42.79

11 years – 3rd Jessica Long 3.36.00 (pb); 4th Florence Lampart

12/13 years – 11th Elysia Golding 3.29.00 (pb); 14th Chloe Woollard 3.50.62

BOYS 50M FREESTYLE

9 years – 2nd Aidan Coe 43.31

10 years – 2nd Robert Borrett 36.31 (pb)

12/13 years – 1st Toby Upson 28.89 (pb) (CQT); 5th Ruairidh Penman 30.02 (pb) (CQT); 6th Mikey Fisher 30.57 (pb) (CQT); 15th Robert Lancaster 34.67

14 & Over – 12th Matt Reynolds 29.94 (CQT)

GIRLS 50M FREESTYLE

10 years – 4th Chloe Long 37.02 (pb) (CQT); 6th Holly Davies 37.59

11 years – 5th Jessica Long 38.19; 7th Hefina Everard 38.57; 10th Florence Lampart 39.82

12/13 years – 3rd Georgia Rickards 31.07; 14th Elysia Golding 35.68

14 & over – 14th Mollie Drew 31.32; 8th Rebecca Dormer 31.39; 11th = Georgia Leader White 32.44