

## **Stowmarket at the Winter League (30/10/10)**

Stowmarket Swimming Club's "A" and "B" teams both had a great nights swimming competing in round two of the Suffolk Winter League with many swimmers gaining personal best (pb) times as well as points for their respective teams.

The 18 members of Stowmarket "A" swam at Lowestoft in the Division 1 gala competing against Deben "A", Saxons "A", Hadleigh and Lowestoft & Oulton Broad "B". The Stowmarket team were up against a strong Deben team achieving nine individual 1<sup>st</sup> places and three 1<sup>st</sup> places in the relay events. The senior boys medley relay provided the most exciting race of the evening with the top three places separated by 0.04 seconds with Stowmarket touching out in first place. In all the Stowmarket swimmers amassed 11 personal best times out of 32 individual swims. By the end of the evening the Stowmarket team finished 2<sup>nd</sup> with Deben "A" coming in first overall.

Stowmarket's Team Manager, Sylvia Harrison said, " The team swam very well to come 2<sup>nd</sup> in this gala". There were some great performances, Ruairidh Penman gained two big personal best times taking 5 seconds off his 100 breaststroke event, coming in second in 1.24.84, and reducing his 100 backstroke time by 3 seconds getting another 2<sup>nd</sup> place in 1.16.10. Ryan Clay achieved a 2sec pb for the 100m breaststroke coming 3<sup>rd</sup> in 1.18.48. Other swimmers to achieve personal best times were Ellena Skoulding, Alex Harrison, Elysia Golding, Will Blackaby, Anya Kemble, Holly Davies, Toby Upton and Chloe Long

The 22 member Stowmarket "B" team also achieved second place swimming in their Division 2 gala at Mid Suffolk Leisure Centre in Stowmarket with a total of 169 points behind first place Gt Yarmouth. There were many excellent swims led by the younger members gaining 19 pb's out of 32 individual events. Most notable being the 7 second pb by Robert Lancaster in the 100m breaststroke coming 1<sup>st</sup> in 1.23.87 and the 7 second pb by Eilisch Hopkins in the 100 butterfly achieving 3<sup>rd</sup> place in 1.30.44.

New squad members, swimming in their first gala, also achieved pb's, Ollie Hale reduced his time by over 2 seconds in the 11/U 50 backstroke coming 1<sup>st</sup> in 42.90 and 50 freestyle achieving 3<sup>rd</sup> place in 37.25. Ollie Pyle reduced his 50 breaststroke gaining 4<sup>th</sup> place in 53.19. Chloe Allen also took 2 seconds off her 50 butterfly achieving 4<sup>th</sup> in 48.57. Team Manager Debbie King said, "They were great, the whole team swam very well gaining 4 individual first places and a further two in the relays". The club also marked the birthday of Bobbie Wilson, Club President with a presentation of a gift and card signed by the whole club.





<b><u>Stowmarket "A" results:</u></b>	<b><u>Stowmarket "B" results:</u></b>
GIRLS 50 BACKSTROKE 11/U 1 <sup>st</sup> Ellena Skoulding 36.43 (pb)	GIRLS 50 BACKSTROKE 11/U 4 <sup>th</sup> Roma Radziunate 44.25 (pb)
BOYS 50 BACKSTROKE 11/U 4 <sup>th</sup> Alex Harrison 43.10 (pb)	BOYS 50 BACKSTROKE 11/U 1 <sup>st</sup> Ollie Hale 42.90 (pb)
GIRLS 100 BREASTSTROKE 12/13 3 <sup>rd</sup> Elysia Golding 1.35.09 (pb)	GIRLS 100 BREASTSTROKE 12/13 4 <sup>th</sup> Harriet Smith 1.37.94 (pb)
BOYS 100 BREASTSTROKE 12/13 2 <sup>nd</sup> Ruairidh Penman 1.24.84 (pb)	BOYS 100 BREASTSTROKE 12/13 1 <sup>st</sup> Robert Lancaster 1.23.87 (pb)
GIRLS 100 FREESTYLE 14/15 2 <sup>nd</sup> Ella Delves 1.05.94	GIRLS 100 FREESTYLE 14/15 2 <sup>nd</sup> Tamsin Fisher 1.10.25
BOYS 100 FREESTYLE 14/15 2 <sup>nd</sup> Jamie Crosthwaite 1.01.10	BOYS 100 FREESTYLE 14/15 4 <sup>th</sup> Matt Reynolds 1.05.79
GIRLS 100 BUTTERFLY OPEN 5 <sup>th</sup> Ria Delves 1.17.74	GIRLS 100 BUTTERFLY OPEN 2 <sup>nd</sup> Sophie Long 1.19.46 (Joker)
BOYS 100 BUTTERFLY OPEN 1 <sup>st</sup> Will Blackaby 58.93 (pb)	BOYS 100 BUTTERFLY OPEN 1 <sup>st</sup> Joe Freezer 1.03.75 (Joker)
GIRLS 50 FREESTYLE 11/U 1 <sup>st</sup> Ellena Skoulding 32.47	GIRLS 50 FREESTYLE 11/U 3 <sup>rd</sup> Lauren Best 35.66 (pb)
BOYS 50 FREESTYLE 11/U 3 <sup>rd</sup> Rob Borrett 36.45	BOYS 50 FREESTYLE 11/U 3 <sup>rd</sup> Ollie Hale 37.25 (pb)
GIRLS 100 BUTTERFLY 12/13 2 <sup>nd</sup> Anya Kemble 1.19.49 (pb)	GIRLS 100 BUTTERFLY 12/13 3 <sup>rd</sup> Eilisch Hopkins 1.30.44 (pb)
GIRLS 100 BACKSTROKE 14/15	BOYS 100 BUTTERFLY 12/13

4 <sup>th</sup> Mollie Drew 1.17.93	3 <sup>rd</sup> Mikey Fisher 1.19.97 (pb)
BOYS 100 BACKSTROKE 14/15 4 <sup>th</sup> Jamie Crosthwaite 1.14.88	GIRLS 100 BACKSTROKE 14/15 3 <sup>rd</sup> Lydia Swallow 1.22.28 (pb)
GIRLS 100 BREASTSTROKE OPEN 2 <sup>nd</sup> Ella Delves 1.23.28	BOYS 100 BACKSTROKE 14/15 3 <sup>rd</sup> Matt Reynolds 1.15.06
BOYS 100 BREASTSTROKE OPEN 1 <sup>st</sup> David Harrison 1.08.49	GIRLS 100 BREASTSTROKE OPEN 2 <sup>nd</sup> Sophie Long 1.27.34
BOYS JUNIOR 4x50 FREESTYLE RELAY– 3 <sup>rd</sup> place	BOYS 100 BREASTSTROKE OPEN 2 <sup>nd</sup> Oliver Bumstead 1.20.75
BOYS SENIOR 4x50 MEDLEY RELAY – 1 <sup>st</sup> place	GIRLS JUNIOR 4x50 FREESTYLE RELAY – 3 <sup>rd</sup> place
GIRLS SENIOR 4x50 MEDLEY RELAY – 2 <sup>nd</sup> place	BOYS JUNIOR 4x50 FREESTYLE RELAY– 3 <sup>rd</sup> place
BOYS SENIOR 4x50 MEDLEY RELAY – 1 <sup>st</sup> place	GIRLS SENIOR 4x50 MEDLEY RELAY – 5 <sup>th</sup> place
GIRLS 50 BREASTSTROKE 11/U 5 <sup>th</sup> Holly Davies 48.15 (pb)	BOYS SENIOR 4x50 MEDLEY RELAY – 1 <sup>st</sup> place
BOYS 50 BREASTSTROKE 11/U 1 <sup>st</sup> Calvin Coe 42.19	GIRLS 50 BREASTSTROKE 11/U 4 <sup>th</sup> Hannah Champion 52.56 (pb)
GIRLS 100 FREESTYLE 12/13 4 <sup>th</sup> Anya Kemble 1.09.99	BOYS 50 BREASTSTROKE 11/U 4 <sup>th</sup> Ollie Pyle 53.19 (pb)
BOYS 100 FREESTYLE 12/13 1 <sup>st</sup> Toby Upson 1.02.55 (pb)	BOYS 100 FREESTYLE 12/13 2 <sup>nd</sup> Mikey Fisher 1.09.72
GIRLS 100 BUTTERFLY 14/15 3 <sup>rd</sup> Georgia Leader White 1.22.80	GIRLS 100 BUTTERFLY 14/15 4 <sup>th</sup> Lydia Swallow 1.25.10 (pb)
BOYS 100 BUTTERFLY 14/15 3 <sup>rd</sup> Ryan Clay 1.13.32	BOYS 100 BUTTERFLY 14/15 4 <sup>th</sup> Tom Borrett 1.27.41
GIRLS 100 BACKSTROKE OPEN 4 <sup>th</sup> Mollie Drew 1.19.29	GIRLS 100 BACKSTROKE OPEN 4 <sup>th</sup> Olivia Curtin 1.20.28 (pb)
BOYS 100 BACKSTROKE OPEN 1 <sup>st</sup> Will Blackaby 1.03.22	BOYS 100 BACKSTROKE OPEN 1 <sup>st</sup> Shaun Harrison 1.06.18
GIRLS 50 BUTTERFLY 11/U 5 <sup>th</sup> Chloe Long 41.61 (pb)	GIRLS 50 BUTTERFLY 11/U 4 <sup>th</sup> Chloe Allen 48.57 (pb)
BOYS 50 BUTTERFLY 11/U 1 <sup>st</sup> Calvin Coe 35.13	BOYS 50 FREESTYLE 11/U 2 <sup>nd</sup> Aiden Coe 44.94 (pb)
GIRLS 100 BACKSTROKE 12/13	GIRLS 100 BACKSTROKE 12/13 5 <sup>th</sup> Jessica Long 1.25.87 (pb)

5 <sup>th</sup> Ellena Skoulding 1.19.20	BOYS 100 BACKSTROKE 12/13 2 <sup>nd</sup> Liam Kerry 1.19.28 (pb)
BOYS 100 BACKSTROKE 12/13 2 <sup>nd</sup> Ruairidh Penman 1.16.10 (pb)	GIRLS 100 BREASTSTROKE 14/15 4 <sup>th</sup> Tamsin Fisher 1.36.63 (pb)
GIRLS 100 BREASTSTROKE 14/15 2 <sup>nd</sup> Ella Delves 1.22.75 (Joker)	BOYS 100 BREASTSTROKE 14/15 5 <sup>th</sup> Robert Lancaster 1.27.60 (pb)
BOYS 100 BREASTSTROKE 14/15 3 <sup>rd</sup> Ryan Clay 1.18.48 (pb)	GIRLS 100 FREESTYLE OPEN 3 <sup>rd</sup> Kimbley Harrison 1.09.40
GIRLS 100 FREESTYLE OPEN 4 <sup>th</sup> Iona Richards 1.04.77	BOYS 100 FREESTYLE OPEN 2 <sup>nd</sup> Tom Harrison 58.72
BOYS 100 FREESTYLE OPEN 1 <sup>st</sup> David Harrison 54.57 (joker)	GIRLS JUNIOR 4x50 MEDLEY RELAY – 5 <sup>th</sup> place
GIRLS JUNIOR 4x50 MEDLEY RELAY – 2 <sup>nd</sup> place	BOYS JUNIOR 4x50 MEDLEY RELAY– 2 <sup>nd</sup> place
BOYS JUNIOR 4x50 MEDLEY RELAY– 1 <sup>st</sup> place	GIRLS SENIOR 4x50 FREESTYLE RELAY – 4 <sup>th</sup> place
GIRLS SENIOR 4x50 FREESTYLE RELAY – 2 <sup>nd</sup> place	BOYS SENIOR 4x50 FREESTYLE RELAY – 1 <sup>st</sup> place
BOYS SENIOR 4x50 FREESTYLE RELAY – 2 <sup>nd</sup> place	