

Stowmarket at the 2010 County Championships (3rd weekend 21st March)

Several Stowmarket swimming club swimmers competed in the 400m freestyle on the last day of the 2010 County Championships. 11-year-old Ellena Skoulding took 18 seconds off her time to finish in 5.19.50. In the boys event 13 year old Ruairidh Penman smashed his personal best by 23 seconds to come in 4.54.30. Other personal best times were achieved by Ryan Clay (4.49.07), Toby Upson (4.44.05) and Thomas Borrett (5.21.46). Will Blackaby (16) gained a regional championships qualifying time in his 400m freestyle in 4.22.70. Will then went on to compete in the last individual race, the popular skins event where the best eight 50m freestylers compete in 7 rounds with the slowest dropping out each time. This was Will's first time and reached the 4th round.

The rest of the day's competition involved the ever-exciting relay events with teams in the various freestyle and medley relay races. The 9/10 boys relay team of Thomas Jordan Pearce, Ilie Pyle, Alex Harrison, Aiden Coe and won the bronze medal in the 4x25m medley relay.



The 11/12 boys relay team of Calvin Coe, Robert Lancaster, Liam Kerry and Tom Borrett went one better to win the silver medal in the 4x50m medley relay.



The open age group team of Shaun Harrison, David Harrison, Joe Freezer and Will Blackaby won the silver medal in both the 4x50m medley relay and 4x50m freestyle relay events.



The old boys!

With the final presentations saw Calvin Coe pick up the 3rd place trophy for the overall 11 year old



Surprised looking Calvin

Sylvia Harrison was awarded the Suffolk ASA Coach of the Year trophy marking her 19 years in teaching and coaching.



Coach of the year

The Stowmarket team have had a successful championships achieving 159 personal best times, 25 qualifying times for the East Regional Championships to be held in Norwich, numerous places in finals and gained 6th place overall in the championships.

A few pictures of the team







Stowmarket card school!