

Stowmarket Swimming Club 2009 Club Championships

STOWMARKET Swimming Club's annual swimming championships were completed this weekend (13th/14th/15th November) with a full range of events. Once again the clubs younger swimmers made big in roads in to their personal best times (pb) with over 300 being achieved over the three days. The swimmers also achieved 117 qualifying times for the Suffolk County Championships (CQT) and 17 were turned in to East Region (EQT) championship qualifying times. The ever popular skins event where the best six 50m freestylers compete in 5 rounds with the slowest dropping out each time. This year David Harrison just beating Will Blackaby in to second won the boy's race. The girl' race was won by Ella Delves with Iona Richards coming in second.

Swimmers of all ages competed in the final round of events and the overall top boy and top girl competition was decided. This year's top girl title is shared between Ella Delves, Georgia Rickards and Ellena Skoulding all finishing with 96 points. Iona Richards was second with 81 points and third was Elysia Golding on 72 points. There was a clear winner for the top boys trophy with Calvin Coe in 1st place with 96 points, Ryan Clay was second on 92 points and Will Blackaby took third place on 87 points. The final race of the day was the family race, won this year by the Champion family in 1.08.65. www.stowmarketswimmingclub.org.uk.

Results from the final weekend's competition:

WOMENS 400m INDIVIDUAL MEDLEY

10/11 YRS

1st Ellena Skoulding 6.28.79 (pb) (CQT), 2nd Jessica Long 7.03.14 (pb)

12/13 YRS

1st Georgia Rickards 5.44.78 (PB) (CQT), Elysia Golding 6.39.79 (pb), 3rd Harriet Smith 6.48.99 (pb)

14/15 YRS

1st Ella Delves 5.35.90 (pb) (CQT), 2nd Mollie Drew 6.08.04 (pb) (CQT), 3rd Rebecca Dormer 6.14.56 (pb) (CQT)

16+

1st Iona Richards 5.46.15 (CQT), 2nd Sophie Long 6.10.62 (CQT), 3rd Olivia Curtin 6.14.18 (CQT)

MENS 400m INDIVIDUAL MEDLEY

10/11 YRS

1st Calvin Coe 5.57.93 (pb) (CQT), 2nd Thomas Borrett 6.03.99 (pb) (CQT)

12/13 YRS

1st Ryan Clay 5.30.46 (pb) (CQT), 2nd Toby Upson 5.56.77 (pb) (CQT), 3rd Lewis Rickards 6.03.41 (pb) (CQT)

14/15 YRS

1st Matt Reynolds 5.51.69 (pb) (CQT), 2nd Oliver Smith 6.59.40 (pb)

16+

1st Will Blackaby 4.53.50 (pb) (CQT) (EQT), 2nd Nathan Duszynski 5.37.78 (pb) (CQT), 3rd Peter Lynch 5.57.89

WOMENS 50M FREESTYLE

7/8 YRS

1st Nadia mason (pb) (CQT), 2nd Hannah Harrison 46.00 (pb), 3rd Jodie Mitson 47.84 (pb)

9 YRS

1st Emily Wallace 46.51 (pb), 2nd Olivia Griffen 48.66 (pb), 3rd Samantha Knott 52.55 (pb)

10/11 YRS

1st Ellena Skoulding 33.78 (pb) (CQT), 2nd Lauren Best 36.49 (pb), 3rd Hefina Eveard 37.20 (pb)

12/13 YRS

1st Georgia Rickards 31.02 (pb), 2nd Anya Kemble 32.89 (pb), 3rd Elysia Golding 35.61

14/15 YRS

1st Ella Delves 30.64 (CQT), 2nd Rebecca Dormer 31.30, 3rd Mollie Drew 31.34

16+

1st Iona Richards 30.28 (CQT), 2nd Ria Delves 30.67, 3rd Sophie Long 32.00

MENS 50M FREESTYLE

7/8 YRS

1st Nicholas Borrett 46.23 (pb), 2nd William Debenham 46.89 (pb), 3rd Blake Rickards 52.09 (pb)

9 YRS

1st Alexander Harrison 38.46 (CQT), 2nd Aidan Coe 41.71 (pb) (CQT), 3rd Oliver Pyle 48.69 (pb)

10/11 YRS

1st Calvin Coe 32.38 (CQT), 2nd Thomas Borrett 32.84 (pb) (CQT), 3rd Robert Borrett 36.93 (pb)

12/13 YRS

1st Toby Upson 29.56 (pb) (CQT), 2nd Ryan Clay 30.30 (pb), 3rd Mikey Fisher 31.00 (pb)

14/15 YRS

1st Matt Reynolds 30.18, 2nd Oliver Smith 35.96

16+

1st David Harrison 24.86 (CQT) (EQT), 2nd Will Blackaby 25.57 (CQT) (EQT), 3rd Joseph Freezer 25.99 (CQT) (EQT)

WOMENS 200M FREESTYLE

7/8 YRS

1st Hannah Harrison 3.52.05 (pb), 2nd Amy Davies 3.57.59 (pb), 3rd Nadia Mason 4.00.80 (pb)

9YRS

1st Emily Wallace 4.00.14 (pb), 2nd Samantha Knott 4.17.37 (pb), 3rd Zadia Loft 4.58.57 (pb)

10/11 YRS

1st Ellena Skoulding 2.37.35 (pb) (CQT), 2nd Jessica Long 2.59.19 (pb), 3rd Holly Davies 2.59.75 (pb)

12/13 YRS

1st Georgia Rickards 2.22.43 (pb) (CQT), 2nd Anya Kemble 2.35.26 (pb), 3rd Elysia Golding 2.52.47 (pb)

14/15 YRS

1st Ella Delves 2.21.01 (pb) (CQT), 2nd Mollie Drew (pb), 3rd Tamsin Fisher 2.32.94

16+

1st Iona Richards 2.20.13 (CQT), 2nd Olivia Curtin 2.32.19, 3rd Sophie Long 2.39.94

MENS 200M FREESTYLE**7/8 YRS**

1st Nicholas Borrett 3.58.57 (pb), 2nd Blake Rickards 4.37.33 (pb)

9YRS

1st Alexander Harrison 3.30.27, 2nd Aidan Coe 3.36.46 (pb)

10/11 YRS

1st Calvin Coe 2.32.59 (pb) (CQT), 2nd Thomas Borrett 2.35.59 (pb) (CQT), 3rd Robert Borrett 2.58.24 (pb)

12/13 YRS

1st Ryan Clay 2.19.38 (pb) (CQT), 2nd Toby Upson 2.19.73 (pb) (CQT), 3rd Ruairidh Penman 2.27.21 (pb) (CQT)

14/15 YRS

1st Matt Reynolds 2.22.57 (pb) (CQT), 2nd Oliver Smith 2.51.39 (pb)

16+

1st David Harrison 1.58.53 (CQT) (EQT), 2nd Will Blackaby 2.02.98 (pb) (CQT) (EQT), 3rd Nathan Duszynski 2.15.78 (pb) (CQT)

THURSDAY NIGHT CLUB**GIRLS 25M FREESTYLE**

1st Eleanor 42.31, 2nd Alice 43.12, 3rd Georgia 58.51

GIRLS 25M BACKSTROKE

1st Eleanor 38.46, 2nd Alice 45.50, 3rd Georgia 1.41.42

BOYS 25M FREESTYLE

1st George 29.77, 2nd Lewis 1.46.17, 3rd William 2.00.22

BOYS 25M BACKSTROKE

1st George 27.74, 2nd William 1.53.39, 3rd Lewis 1.27.47

WOMENS 100M BACKSTROKE**10/11 YRS**

1st Ellena Skoulding 1.19.15 (pb) (CQT), 2nd Chloe Long 1.10.91 (pb), 3rd Jessica Long 1.31.13 (pb)

12/13 YRS

1st Georgia Rickards 1.14.60 (CQT), 2nd Elysia Golding 1.25.74, 3rd Harriett Smith 1.30.78 (pb)

14/15 YRS

1st Ella Delves 1.14.41 (pb) (CQT), 2nd Mollie Drew 1.20.84 (CQT), 3rd Tamsin Fisher 1.21.51

16+

1st Ria Delves 1.16.56 (pb) (CQT), 2nd Iona Richards 1.21.30, 3rd Olivia Curtin 1.22.36

MENS 100M BACKSTROKE

10/11 YRS

1st Calvin Coe 1.22.43 (pb), 2nd Thomas Borrett 1.25.16 (pb), 3rd Robert Borrett 1.31.94 (pb)

12/13 YRS

1st Ryan Clay 1.17.85, 2nd Toby Upson 1.20.53 (pb), 3rd Mikey Fisher 1.2.06 (pb)

14/15 YRS

1st Matt Reynolds 1.15.17 (CQT), 2nd Oliver Smith 1.35.29 (pb)

16+

1st Will Blackaby 1.03.01 (CQT) (EQT), 2nd Joseph Freezer 1.08.45 (CQT), 3rd David Harrison 1.09.16 (CQT)

WOMENS 50M BREASTSTROKE

9YRS

1st Chloe Levett 1.01.48 (pb), 2nd Emily Wallace 1.05.88 (pb), 3rd Olivia Griffin 1.06.06 (pb)

10/11 YRS

1st Ellena Skoulding 44.34 (pb) (CQT), 2nd Holly Davies 49.19, 3rd Jessica Long 49.31 (pb)

12/13 YRS

1st Georgia Rickards 42.30 (pb), 2nd Elysia Golding 44.34, 3rd Anya Kemble 44.82 (pb)

14/15 YRS

1st Ella Delves 39.06 (CQT), 2nd Georgia Leader White 45.50 (pb), 3rd Rebecca Dormer 45.54

16+

1st Sophie Long 40.42, 2nd Iona Richards 42.57 (pb), 3rd Olivia Curtin 44.01 (pb)

MENS 50M BREASTSTROKE

9YRS

1st Oliver Pyle 55.88 (CQT), 2nd Aidan Coe 1.01.22 (pb), 3rd Joshua Walker 1.20.63 (pb)

10/11

1st Calvin Coe 41.71 (pb) (CQT), 2nd Thomas Borrett 43.53 (pb), 3rd Jack Potter 49.01 (pb)

12/13 YRS

1st Ryan Clay 38.12 (CQT), 2nd Robert Lancaster 42.14 (CQT), 3rd Toby Upson 43.07

14/15 YRS

1st Matt Reynolds 43.07, 2nd Oliver Smith 46.70 (pb)

16+

1st David Harrison 30.34 (CQT) (EQT), 2nd Joseph Freezer 23.01 (pb) (CQT), 3rd Will Blackaby 36.13 (pb) (CQT)

WOMENS 100M INDIVIDUAL MEDLEY**7/8 YRS**

1st Nadia Mason 1.47.69 (pb) (CQT), 2nd Amy Davies 1.59.68 (pb), 3rd Bethany Skoulding 1.59.98 (pb)

MENS 100M INDIVIDUAL MEDLEY**7/8 YRS**

1st Nicholas Borrett 2.02.57 (pb), 2nd Blake Rickards 2.21.31 (pb)

WOMENS 200M INDIVIDUAL MEDLEY**10/11 YRS**

1st Ellena Skoulding 12.59.17 (pb) (CQT), 2nd Jessica Long 3.17.65 (pb), 3rd Holly Davies 3.17.83 (pb)

12/13 YRS

1st Georgia Rickards 2.43.02 (pb) (CQT), 2nd Anya Kemble 2.56.49 (pb), 3rd Elysia Golding 3.08.08 (pb)

14/15 YRS

1st Ella Delves 2.37.96 (CQT), 2nd Mollie Drew (pb), 3rd Tamsin Fisher 2.55.95 (pb)

16+

1st Iona Richards 2.49.56, 2nd Olivia Curtin 2.55.64

MENS 200M INDIVIDUAL MEDLEY**9 YRS**

1st Aiden Coe 3.56.58 (pb)

10/11 YRS

1st Calvin Coe 2.51.24 (pb) (CQT), 2nd Thomas Borrett 2.56.26 (pb) (CQT), 3rd Robert Borrett 3.18.19

12/13 YRS

1st Ryan Clay 2.36.36 (pb) (CQT), 2nd Toby Upson 2.44.37 (pb) (CQT), 3rd Ruairidh Penman 2.52.41 (pb)

14/15 YRS

1st Matt Reynolds 2.45.08, 2nd Oliver Smith 3.16.22 (pb)

16+

1st David Harrison 2.15.82 (pb) (CQT) (EQT), 2nd Will Blackaby 1.03.51 (pb) (CQT) (EQT), 3rd Joseph Freezer 2.27.72 (CQT)

WOMENS SKINS - FREESTYLE

1st Ella Delves, 2nd Iona Richards, 3rd Georgia Rickards, 4th Rebecca Dormer, 5th Mollie Drew, 6th Sophie Long



Iona and Della in the final

MENS SKINS – FREESTYLE

1st David Harrison, 2nd Will Blackaby, 3rd Joseph Freezer, 4th Edmund Crosthwaite, 5th Nathan Duszynski, 6th Arturas Radziunas



David and Will going for it

WOMENS 25M BACKSTROKE

6YRS AND UNDER

1st Freya Llewellyn 37.45 (pb), 2nd Ishtar Loft 1.03.95 (pb)

MENS 25M BACKSTROKE

6YRS AND UNDER

1st Joseph Jordan Pearce 47.37 (pb)

BEGINNERS RACES

GIRLS

1st Greta Fagher 1.13.34

BOYS

1st Lewis Cooper 1.13.23

WOMENS 200M BACKSTROKE

7/8 YRS

1st Nadia Mason 3.55.47 (pb), 2nd Hannah Harrison 4.10.45 (pb), 3rd Amy Davies 4.13.41 (pb)

9YRS

1st Emily Wallace (pb), 2nd Samantha Knott 5.05.29 (pb)

10/11 YRS

1st Ellena Skoulding 2.46.47 (pb) (CQT), 2nd Jessica Long 3.11.96 (pb), 3rd Chloe Long 3.12.77 (pb) (CQT)

12/13 YRS

1st Georgia Rickards 2.39.28 (pb) (CQT), 2nd Elysia Golding 3.04.67, 3rd Harriett Smith 3.16.72

14/15 YRS

1st Ella Delves 2.43.23 (pb), 2nd Mollie Drew 2.51.58, 3rd Tamsin Fisher 2.52.17

16+

1st Ria Delves 2.47.83, 2nd Louise Christopher 2.49.85, 3rd Iona Richards 2.51.36

MENS 200M BACKSTROKE

7/8 YRS

1st Nicholas Borrett 4.26.52 (pb), 2nd Blake Rickards 4.55.67 (pb)

10/11 YRS

1st Calvin Coe 2.52.33 (pb) (CQT), 2nd Thomas Borrett 2.58.81 (pb), 3rd Robert Borrett 3.13.35 (pb) (CQT)

12/13 YRS

1st Ryan Clay 2.41.41 (pb), 2nd Ruairidh Penman 2.52.44 (pb), 3rd Lewis Rickards 2.53.88 (pb) (CQT)

14/15 YRS

1st Matt Reynolds 2.36.91 (CQT), 2nd Oliver Smith 3.23.22

16+

1st Will Blackaby 2.16.18 (CQT) (EQT), Joint 2nd Edmund Crosthwaite (pb) and Nathan Duszynski (pb) 2.43.71

WOMENS 100M BUTTERFLY

10/11 YRS

1st Ellena Skoulding 1.33.74 (pb) (CQT), 2nd Jessica Long 1.40.93 (pb), 3rd Holly Davies 1.45.90 (pb)

12/13 YRS

1st Georgia Rickards 1.16.36 (pb) (CQT), 2nd Anya Kemble 1.20.13 (pb) (CQT), 3rd Elysia Golding 1.33.28 (pb)

14/15 YRS

1st Ella Delves 1.15.07 (pb) (CQT), 2nd Mollie Drew 1.20.64 (pb) (CQT), 3rd Georgia Leader White 1.21.50 (pb) (CQT)

16+

1st Iona Richards 1.19.47 (pb) (CQT), 2nd Ria Delves 1.22.70, 3rd Louise Christopher 1.29.16

MENS 100M BUTTERFLY

10/11 YRS

1st Calvin Coe 1.18.79 (pb), 2nd Thomas Borrett (pb) (CQT), 3rd Robert Borrett 1.44.88

12/13 YRS

1st Toby Upson 1.13.63 (pb) (CQT), 2nd Ryan Clay 1.13.77 (CQT), 3rd Lewis Rickards 1.21.77 (pb) (CQT)

14/15 YRS

1st Matt Reynolds 1.19.85 (pb) (CQT), 2nd Oliver Smith 1.47.00 (pb)

16+

1st Will Blackaby 1.00.63 (pb) (CQT) (EQT), 2nd David Harrison 1.01.58 (pb) (CQT) (EQT), 3rd Joseph Freezer 1.02.62 (pb) (CQT) (EQT)

Family Race

1st Champion's, 2nd Coe's, 3rd Smith's, 4th Griffin's, 5th Jordan-Pearce's



Warming up